

Safety and Wellness Survey (SAWS) Data Report for School Year 2015-16

The Safety and Wellness Survey (SAWS) measures statewide implementation of the Hawaii Department of Education (DOE) Wellness Guidelines. Survey results from the 2015-16 school year are provided in this report, in accordance with the USDA's final rule for Local School Wellness Policy Implementation under the Healthy, Hunger Free Kids Act of 2010, as well as the Hawaii Board of Education policy 103-1.

In the 2015-16 school year, 239 (93%) of 256 eligible schools completed the survey. The average score is 84% of Wellness Guidelines met. School scores range from 55% to 100% implementation of the Wellness Guidelines. Eighty-one schools will receive awards for "Excellence in Wellness" for meeting 90% or more of the guidelines.

Compliance with individual guidelines varies, with some guidelines being achieved by 100% of schools and others being achieved by only a minority of schools. All of the guidelines that relate to the school meals program (NS1, NS5, NH2, and NH3) are the responsibility of the DOE School Food Services Branch and are being fully implemented by 100% of schools. On the other end of the spectrum, guideline NS2, which relates to the nutritional quality of foods and beverages provided to students outside of the meals program (known as "competitive foods") has consistently been the most difficult for schools to fulfill, and this year only 35% of schools are in full compliance. Other guidelines where schools have struggled include completion of the School Health Index (CD2, 54% of schools) and using or withholding physical activity (e.g., doing laps or staying-in for recess) as punishment (PA9, 74% of schools).

The SAWS is an online survey administered annually to principals at public (non-charter) schools and uses the following scoring criteria: one (1) point for a guideline that is fully met and zero (0) for a guideline not met. There are 22 points possible for elementary and 23 for secondary schools; PA2 applies to secondary schools only. The overall score is calculated by dividing the number of points achieved by the total points possible. In the following table, "nd" is used to indicate no data available for schools that did not complete the survey.

More information about the Wellness Guidelines is available at www.hawaiipublicschools.org and SAWS data is also included in the Superintendent's Annual Report.

Please see the attachments for a summary of the Wellness Guidelines, state average scores, and a comprehensive list of school SAWS scores for the 2015-16 school year.

Questions?

For questions about the Wellness Guidelines, please contact:

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For questions about the SAWS, please contact:

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Summary of Wellness Guidelines Scores for School Year 2015-16

WELLNESS GUIDELINE	AVERAGE SCORE	WELLNESS COMMITTEE (CD)
CD1	83%	The school has a designated committee or council that will regularly address school health issues.
CD2	54%	The committee annually completes the School Health Index and utilizes the results and other data sources to identify priority areas and to monitor improvements in those areas.
CD3	98%	Identified priority areas submitted in the Safety and Wellness Survey (SAWS).
CD4	73%	Actions to address priority areas are reflected in the school's Academic and Financial Plan.
CD5	65%	The committee shall ensure that the school provides families with information about community physical activity resources and is encouraged to work closely with community organizations and programs that help schools implement these Wellness Guidelines.
NUTRITIONAL GUIDELINES (NS)		
NS1	100%	All reimbursable meals and snacks meet Federal nutrient standards as required by the USDA.
NS2	35%	All foods and beverages sold or served to students at school or school sponsored events (vending, concession stands, a la carte, fundraisers, student stores, and school parties) comply with the current USDA Dietary Guidelines.
NS3	87%	Nutrition information for products offered in snack bars, a la carte, vending, etc. is readily available near the point of purchase.
NS4	92%	Food and beverage providers promote positive nutritional messages on school property.
NS5	100%	Meals feature fresh and minimally processed fruits and vegetables from local sources to the greatest extent possible.
HEALTH AND NUTRITION EDUCATION (NH)		
NH1	97%	All required health education classes include a focus on knowledge and skills that support healthy eating and are aligned with the Hawaii Content and Performance Standards for Health Education.
NH2	100%	The school promotes the importance of students starting the day with a healthy breakfast, including participation in the School Breakfast Program.
NH3	100%	The school promotes the importance of students eating a nutritious lunch & healthy snacks, including participation in the National School Lunch Program and After School Snack Program (if applicable).
NH4	77%	All required health education classes have instructional periods totaling a minimum of 45 minutes per week for grades K-3, 55 minutes per week for grades 4-5, 107 minutes for elementary grade 6, and 200 minutes per week for secondary grades 6-12.
NH5	89%	Nutrition education is integrated into other areas of the curriculum such as math, science, language arts, and social studies.
PHYSICAL EDUCATION AND ACTIVITY (PA)		
PA1	96%	All required physical education classes are aligned with the Hawaii Content and Performance Standards for Physical Education (PE).
PA2 ¹	90%	Secondary school's PE department provides support for participation in physical activity outside of physical education class.
PA3	84%	All students have at least 20 minutes a day of supervised recess, during which students are encouraged to participate in moderate to vigorous physical activity.
PA4	83%	All required PE classes have instructional periods totaling a minimum of 45 minutes per week for grades K-3, 55 minutes per week for grades 4-5, 107 minutes per week for elementary grade 6, and 200 minutes per week for secondary grades 6-12.
PA5 ²	--	The school ensures that state-certified PE instructors teach all physical education classes and have a student/teacher ratio similar to other classes.
PA6	73%	The school provides information to families to help them incorporate physical activity into students' lives.
PA7	91%	The school discourages extended periods (i.e., periods of two or more hours) of inactivity.
PA8 ²	--	When mandatory school-wide testing makes it necessary for students to be inactive for extended periods of time, schools will give students periodic breaks to stand and be moderately active unless the testing protocol specifies otherwise.
PA9	74%	The school does not use or withhold physical activity as punishment.
PROFESSIONAL DEVELOPMENT (PD)		
PD1	91%	All applicable role groups including the School Food Service staff are given the opportunity to receive professional development in Hawaii's Wellness Guidelines, health, nutrition, physical education, and healthy school meals

84%

AVERAGE WELLNESS GUIDELINES SCORE

¹This Guideline applies to secondary schools only.

² These Guidelines are not mandatory at this time and do not contribute to the SAWS scores.

