

Return to School/Work Criteria

School Year 2022-2023



If someone develops symptoms of COVID-19 or receives a positive COVID-19 test result at school, they will be sent home immediately. For individuals with symptoms of COVID-19 or exposure, a self-test may be provided by the school to take home – use of the self-test is recommended, but it is not required, and may be kept at home for future use.

Date (mm/dd/yyyy)	First and Last Name	Grade

Symptoms of COVID-19 were observed (check all that apply):

- | | | |
|---|---|--|
| <input type="checkbox"/> Fever (100° or higher) | <input type="checkbox"/> Headache | <input type="checkbox"/> Nausea or vomiting |
| <input type="checkbox"/> Chills | <input type="checkbox"/> New loss of taste or smell | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Cough | <input type="checkbox"/> Congestion or runny nose | <input type="checkbox"/> Fatigue |
| <input type="checkbox"/> Sore throat | <input type="checkbox"/> Muscle or body aches | <input type="checkbox"/> Shortness of breath; difficulty breathing |

A positive COVID-19 test result was received. The test was conducted on _____.
(mm/dd/yyyy)

Someone with Symptoms of COVID-19 or a Positive COVID-19 Test		
Must meet ALL criteria in ONE of these columns		
Isolate for 5 days	Negative Test	Doctor's Note
<ul style="list-style-type: none"> ● At least 5 days have passed. Day 0 = symptoms onset or test date. Return no sooner than Day 6 = _____ ● 24 hours of no fever without fever-reducing medications. ● Symptoms are improving. If fever or symptoms are not improving, remain in isolation through day 10 and consult a healthcare provider. ● Wear a well-fitted mask around others indoors from day 6 to day 10. 	<ul style="list-style-type: none"> ● Use a COVID-19 test that is approved by the FDA; this includes most self-tests. ● 24 hours of no fever without fever-reducing medications. ● Symptoms are improving. If fever or symptoms are not improving and you used a self-test, remain in isolation and test again after 24-48 hours. <p>Note: The parent/legal guardian may verbally attest to the negative COVID-19 test result; documentation not required.</p>	<ul style="list-style-type: none"> ● For chronic symptoms due to another health condition (e.g. asthma or allergies), get a signed note from a licensed medical provider. ● Isolation is not required unless there are new or worsening symptoms or test positive for COVID-19.

Someone with Potential or Known Exposure to COVID-19

Regardless of Vaccination Status

- Continue to go to school/work if **NO** symptoms.
- Wear a well-fitted mask indoors for 10 days after exposure. Day 0 is the last day of exposure.
- Watch for symptoms.
 - If symptoms start, isolate immediately.
 - Test for COVID-19 and stay home until you know the test result.
- Test on **day 6**, even if no symptoms, unless tested positive for COVID-19 in the last 30 days.

If you have questions about your or your child's health, please consult a healthcare provider. If you do not have a primary care provider, please see the following options.

- Hawai'i Keiki Health Hotline and Telehealth Services are free for HIDOE students by calling (844) 436-3888, Monday through Friday, from 8:00 a.m. - 3:00 p.m., excluding holidays and breaks. Translation services are available.
- Community health centers serve all patients regardless of their ability to pay or health insurance status. Find a health center near you at hawaiiipca.net/health-centers-here-for-you.