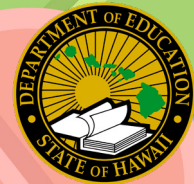


FACTSHEET ON OPIOIDS: MISUSE PREVENTION AND RESPONSE



WHAT ARE OPIOIDS?

Opioids, sometimes called narcotics, are a class of drugs that include prescription pain relievers and illegal substances.

Oxycodone (OxyContin®), hydrocodone (Vicodin®), codeine, morphine, fentanyl and heroin are all examples of opioids and there are many more.



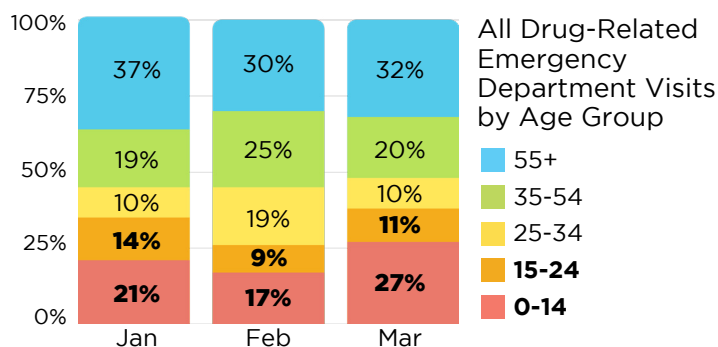
Fentanyl is a synthetic opioid that is up to

50x 100x

stronger than
heroin

stronger than
morphine

2022 HAWAII DATA



Waller, V. (2022, October 5). Hawaii Drug Overdose Surveillance & Epidemiology (DOSE) Statewide Annual Report – CY 2021 & Q1 2022, Lauilima Data Alliance. [PowerPoint presentation]. Opioid and Methamphetamine Overdose Prevention, Hawaii, Honolulu, HI, United States (remote).

PREVENT OPIOID MISUSE

- Store medicine in secure places.
- Dispose of unused medicine properly. See hawaiiopioid.org to find a take-back location. National Prescription Drug Take Back Day offers even more locations and occurs every spring and fall, visit dea.gov/takebackday for more information.
- Take medicine as prescribed. Do not share prescriptions with others.
- Create a safe space to talk about the risks of drugs and other substances.

SIGNS OF OPIOID OVERDOSE

- Non-responsive or unconscious
- Slow, weak, or no breathing or heartbeat
- Choking or gurgling sounds
- Limp body
- Cold and/or clammy skin
- Blue, gray or white lips or fingernails
- Small, constricted “pinpoint pupils”

RESOURCES

- **Seek help** by calling Hawaii CARES at 1-800-753-6879 or go to findtreatment.gov/.
- Get opioid overdose reversal medication, such as naloxone. Anyone can carry naloxone in Hawaii.
 - Find naloxone at: hawaiiopioid.org/prevent-overdose/ or hhrc.org/naloxone.
- More information at cdc.gov/opioids/index.html.

IF YOU THINK SOMEONE IS OVERDOSING

1

Call 911 immediately.

2

If available, administer naloxone.

3

Try to keep the person awake and breathing. If there is no pulse or breathing, begin CPR.

4

Lay the person on their side to prevent choking.

5

Stay with the person until emergency assistance arrives.