

# Standard/Benchmark Reference Sheet

## K-2

### Standard 1: Movement Forms

#### Grade K-2.1.1 Benchmark as written

PE.K-2.1.1: Use basic locomotor skills in initial (immature) form alone, with a partner, and in small groups

#### Grade K-2.1.2 Benchmark as written

PE.K-2.1.2: Use basic non-locomotor skills in initial (immature) form alone, with a partner, and in small groups

#### Grade K-2.1.3 Benchmark as written

PE.K-2.1.3: Use basic manipulative skills in initial (immature) form alone, with a partner, and in small groups

### Standard 2: Cognitive Concepts

#### Grade K-2.2.1 Benchmark as written

PE.K-2.2.1: Use basic movement concepts related to space, time, effort, and relationship (e.g., personal space, fast/slow, strong/light, under/over)

#### Grade K-2.2.2 Benchmark as written

PE.K-2.2.2: Identify basic rules for safe participation in physical activities

### Standard 3: Active Lifestyle

#### Grade K-2.3.1 Benchmark as written

PE.K-2.3.1: Participate regularly in physical activities

#### Grade K-2.3.2 Benchmark as written

PE.K-2.3.2: Describe the social and emotional benefits of participating in physical activities

### Standard 4: Physical Fitness

#### Grade K-2.4.1 Benchmark as written

PE.K-2.4.1: Identify physiological indicators that accompany moderate to vigorous physical activities