

MENU KAI PONGIPONGI 2022-2023 – FĀMĀ KI HE ‘APIAKÓ

Ko e houa kai kotoa pē ‘oku ‘i ai ‘a e painite vahe ua ‘e taha hu‘akau: hu‘akau 1% ‘ikai fakaifoifo pe hu‘akau sokoleti TA‘U 6 mo motu‘a ange pe hu‘akau sokoleti ‘ikai ha ngako ai; hu‘akau TA‘U 2-5 1% (ma‘ulalo e ngakó) pe hu‘akau ‘ikai ha ngako mo ha fakaifoifo (skim)

UIKE 1

KAI PONGIPONGI PISA	MĀ LESI	SIULIOLO, MAFANA PE MOMOKO	KAI PONGIPONGI LOCO MOCO MO E LAISE HAKA MAO	CINNAMON ROLL
FUA‘I‘AKAU KEI FO‘OU	FUA‘I‘AKAU KEI FO‘OU	FUA‘I‘AKAU KEI FO‘OU MĀ TOUSI MO E SIAMU JELLY CRANBERRIES	FUA‘I‘AKAU KEI FO‘OU	FUA‘I‘AKAU KEI FO‘OU

UIKE 2

MĀ FAKAPAKU FUA‘IMOA	SIULIOLO, MAFANA PE MOMOKO	BAGEL MO E FUA‘IMOA FAKAPAKU	SŌSISI FAKAPOTUKALI MO E LAISE HAKA MAO	MĀ APPLESauce
FUA‘I‘AKAU KEI FO‘OU MAPLE SYRUP	FUA‘I‘AKAU KEI FO‘OU TOUSI MO E SIAMU JELLY CRANBERRIES	FUA‘I‘AKAU KEI FO‘OU CREAM CHEESE TĒMATA SOOSI	FUA‘I‘AKAU KEI FO‘OU TĒMATA SOOSI	FUA‘I‘AKAU KEI FO‘OU

UIKE 3

MĀ LESI	SIULIOLO, MAFANA PE MOMOKO	KEKE KOFI	KAI PONGIPONGI LOCO MOCO MO E LAISE HAKA MAO	PLAIN BAGEL MO E CREAM CHEESE
FUA‘I‘AKAU KEI FO‘OU	FUA‘I‘AKAU KEI FO‘OU MĀ TOUSI MO E SIAMU JELLY CRANBERRIES	FUA‘I‘AKAU KEI FO‘OU	FUA‘I‘AKAU KEI FO‘OU	FUA‘I‘AKAU KEI FO‘OU

UIKE 4

MĀ FAKAPAKU FUA‘IMOA	MĀ PĪPĪ HEMI MO E SIISI	MĀ TOUSI SINAMONI	SŌSISI FAKAPOTUKALI MO E LAISE HAKA MAO	SIULIOLO, MAFANA PE MOMOKO
FUA‘I‘AKAU KEI FO‘OU MAPLE SYRUP	FUA‘I‘AKAU KEI FO‘OU	FUA‘I‘AKAU KEI FO‘OU SIULIOLO MOMOKO/MAFANA	FUA‘I‘AKAU KEI FO‘OU TĒMATA SOOSI	FUA‘I‘AKAU KEI FO‘OU MĀ TOUSI MO E SIAMU JELLY CRANBERRIES