

What parents are saying...

"I have the tools; now I need to put it to work."

"The knowledge that I have gained has been valuable and I hope that we can affect positive changes in our grandson so that he will become a healthy individual in mind and spirit."

"Parent Project helped an 'out-of-control parent' to be in control."

"I feel equipped and empowered to change my child's destructive behavior."

"I learned practical solutions to assist my daughter in making better choices."

"I feel positive about my efforts. I learned simple, easy to understand responses to destructive behavior. I appreciated the examples in the book - they were very realistic"

"Parent Project helped me to love my child again. I learned tools and strategies to help my child turn away from drugs, improve her school grades and turn from her destructive behavior. We are a family again."

This workshop will change your life!

"Excellent program. Prayers are answered."

"I have hope that my child can succeed. This program has helped me to 'open my eyes' and remember how children view things."

"I've learned how to calm down and peacefully bring our children back into our lives..."

"I love this course. It helped me clarify my role as a parent. Very practical and empowering."

"With the tools from this program, everything is possible."

"We thought we had tried everything. We were wrong. This program is great!"

For More Information Call:

June Kawamura at 733-4737

Honolulu District PCNC

Check the website for class schedules:

http://familysupport.k12.hi.us/parent_proj.html

Highly Recommended for Parents of Students with Grades below 2.0 GPA



The
Parent
PROJECT®

*Award Winning Nationally
Recognized Program*

The tougher it gets to be a kid...

Gangs. Drugs. Alcohol. Family disintegration. Our kids face unprecedented pressures and problems. No wonder so many of them have given up resisting society's ills and start reflecting them.

While this may explain their difficult, defiant or destructive behavior, it doesn't excuse it. Parents need to learn effective prevention and intervention techniques in order to help children swim against the tide and grow into happy, well-adjusted adults.

The Parent Project ® Delivers Results!

- Improve children's grades and school attendance
- Stop parent-child arguments forever!
- Prevent (or stop) children from using alcohol and drugs
- Learn how to "out-will" a strong-willed child!
- Prevent and intervene in adolescent destructive behavior, any behavior that shortens your child's life or shatters their dreams

the tougher it gets to be A PARENT!

The Program

Part One:

Laying the Foundation of Change Weeks 1-6

- Understanding the strong-willed child
- Addressing problematic behavior
- Supervision, structure & improving school performance
- Drug use: Identification, Intervention & Prevention
- Youth gangs and negative peer associations
- Developing parental action plans

Part Two:

Changing Behavior & Rebuilding Family Relationships Weeks 7-10

- Structured support groups with trained facilitators
- Practical and emotional support while the often difficult process of change takes place at home

PARENT PROJECT can help!

Parents deeply love and care about their children, unfortunately, for parents of out-of-control children experience frustration and the loss of hope. The Parent Project curriculum is designed to rekindle parents' hope by giving them the opportunity to experience success at home, within the first week.

Because most parents seek help when they are in crisis, the Parent Project offers parents concrete, no-nonsense solutions in a straightforward, step-by-step action plan that will allow parents to take immediate steps toward the intervention

Registration & Cost:

Please call June Kawamura at 733-4737 for class schedules and registration. Classes are free, however each participant is required to purchase a workbook for \$24.00.

Locations of Classes:

Classes are offered at various locations; at schools, churches and community facilities. Some of the locations are:

Honolulu District Office
Leilehua High School
Waianae Intermediate
Aiea High School
Ilima Intermediate
Pearl City Cultural Center
Waipahu High School
Kaiser High School
St. Louis School