

## **Rights, Respect, Responsibility**

Learning about good communication, safety in relationships, and growth and development lays a foundation that can support healthy relationships and healthy behaviors throughout a person's lifetime.

Rights, Respect, Responsibility is an evidence-informed curriculum for Grades K-12 that addresses the National Sex Education Standards. The curriculum seeks to address both the functional knowledge related to sexuality and the specific skills necessary to adopt healthy behaviors. Rights, Respect, Responsibility reflects the tenets of social learning theory, social cognitive theory, and the social-ecological model of prevention. The lessons address a wide range of topics, including: self-understanding, family, growth and development, friendship, sexuality, life skills, and health promotion.

Rights, Respect, Responsibility was designed for use as a sequential curriculum, or in parts, according to the needs of the school and their students. While the curriculum can be used in its entirety, schools may decide when a lesson or series of lessons might fit into their pre-existing curriculum. Schools may use one grade level, one topic strand, or an individual lesson to supplement their existing materials as needed. There are family homework activities for most lessons in Grades K-9 to facilitate a way for students and their parents/caregivers to have important conversations together.

*The general description of the curriculum was adapted from information provided on the publisher's website.*

### **Reference**

Advocates for Youth. (2015). *Rights, respect, responsibility*. Retrieved from <https://3rs.org>.

### **Opt-Out Process**

For information about sexual health education and the opt-out process, visit <https://www.hawaiipublicschools.org/TeachingAndLearning/HealthAndNutrition/sexed>.

For information about controversial issues and the opt-out process, visit <https://www.hawaiipublicschools.org/ConnectWithUs/FAQ/Pages/Parent-opt-out-for-child.aspx>.