

Second Step

Second Step programs are research-based, teacher-informed, and classroom-tested to promote the social-emotional development, safety, and well-being of children from Early Learning through Grade 8. Children need social-emotional skills to thrive both in the classroom and in life. Social-emotional learning (SEL) curricula teach children techniques to do the following:

- gain confidence;
- set goals;
- make better decisions;
- collaborate with others in work and play; and
- navigate the world more effectively.

It's never too early to provide students and staff with tools to prevent bullying, both in your school and in the community. Based on the latest field research, Second Step's Bullying Prevention Unit teaches students in Grades K-5 how to recognize, report, and refuse bullying.

Available for Early Learning through Grade 5, the Second Step Child Protection Unit empowers prevention by providing training and resources to help adults and kids know how to recognize, respond to, and report abuse. Working together as a community, we can protect children and keep them safe from abuse.

The general description of the curriculum was adapted from information provided on the publisher's website.

Reference

Committee for Children. (2021). *Second step*. Retrieved from <https://www.secondstep.org>.

Opt-Out Process

For information about sexual health education and the opt-out process, visit <https://www.hawaiipublicschools.org/TeachingAndLearning/HealthAndNutrition/sexed>.

For information about controversial issues and the opt-out process, visit <https://www.hawaiipublicschools.org/ConnectWithUs/FAQ/Pages/Parent-opt-out-for-child.aspx>.